THE
LIGHTED
LAMP
SIXTY-THREE

I try to live each day in such a way . . . that when
I will have woven into the fabric of my life . . . Some gay
So that in the graying years to come , when all the quick
the patterns of my life . . . and in my memory, live

tomorrow makes today a yesterday . . .
design, some patch of color, bright to please the eyes . . .
responsive senses dull . . . I may look back across
the joys and pains of all my yesterdays.

Author - Don Blanding

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Memories of

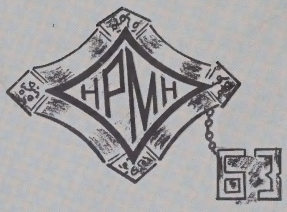
Golden Yesterdays

at . . . . .

High Point Memorial

The Senior Class of 1963 Presents

The Lighted



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Hospital Lamp

HIGH POINT MEMORIAL HOSPITAL
School of Nursing
High Point, North Carolina

Foreword

We, the graduating class of 1963, have tried in our own way to preserve the past three years in this yearbook. As our friends look through these pages may they remember us as we shall remember them. Thank you for all you have done for us.

CAROLYN BUTLER

ELSIE GARRISON

Co-Editors

Advertising Managers

NAOMI DICKENS
DONNA FONVILLE

VERNA DOBBINS

Business Manager

Advisor

MISS BETTIE JO KIDD

SANDRA MULLIS
LINDA FAIRCLOTH

Illustrators

Picture Editors

DYANNE JACKSON
BARBARA NEWNAM

OUR PARENTS

Many have contributed to our having become nurses, but the two people who have watched our dream of a three year old mature into a reality of a twenty-one year old, the two who have been our guideposts, we shall always deeply love and honor,

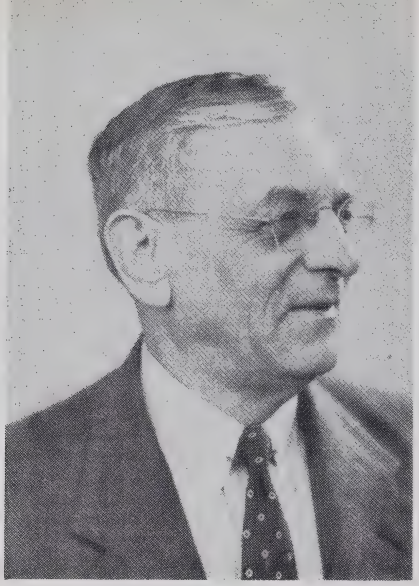
Mom and Dad.

and Dedicate

MISS JUANITA YARBOROUGH

We, the Class of 1963, dedicate our yearbook to one who has been both instructor and friend to us these three years. She has given us the firm guidance that a frightened Freshman needs the first days on the hall, the gentle push that a hesitant Junior needs in changing the first dressing, and has been a constant spur in getting the Seniors to acheive their full potentialities.

Miss Yarborough, this is a very small expression of our deep gratitude.



DR. N.S. STIREWALT

DR. M.B. DAVIS

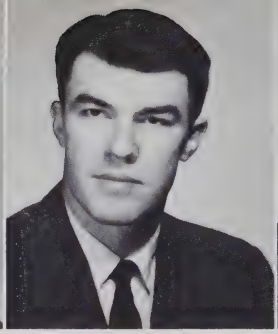
Twice this year we were saddened by the deaths of two members of our medical staff. First by the quiet death of Dr. Stirewalt, then by the tragic death of Dr. Davis. All of us who knew them shall long remember their kind and gentle ways and constant service to those in need.

Medical Auxiliary

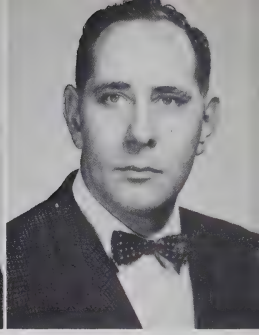
Dr. Kenneth M. Cheek
Chief of Staff

DR. MARCUS
L. ADERHOLDT, JR.
Pediatrics

DR. ROBERT K.
ARTHUR, JR.
Gynecology & Obstetrics



DR. EDWIN L. AUMAN
Medicine



DR. L.S. AVERETT, JR.
General Practitioner

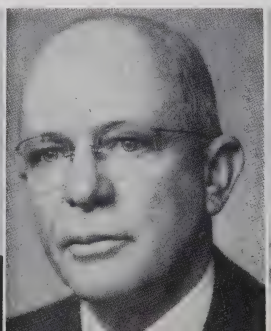
DR. N. HAMPTON CHILES
Internal Medicine

DR. PAUL H. BRIGMAN
General Practitioner

Those who

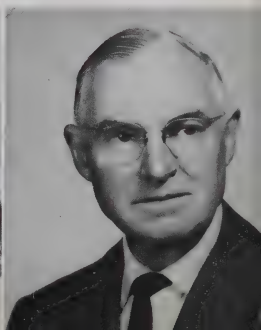
DR. JOHN F. BENSON
Medicine

DR. O.B. BONNER
E. E. N. T.



DR. JOHN BRIDGERS
Pediatrics

DR. H.L. BROCKMAN
Surgery

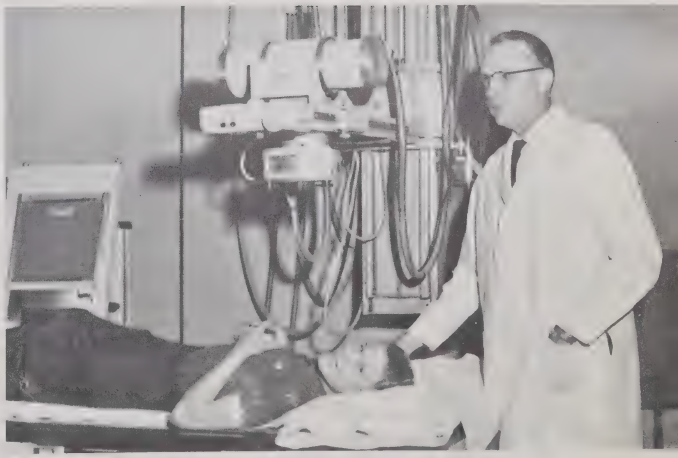


DR. JOHN BROCKMAN
Surgery

DR. RALPH BROOKS
Urology

DR. L.U. CREECH
General Practitioner

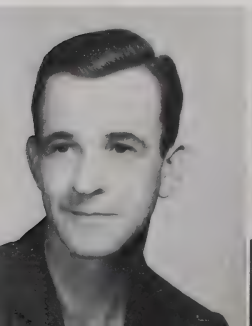
DR. A.R. CROSS
Gynecology & Obstetrics



DR. A.B. CROOM
Radiology

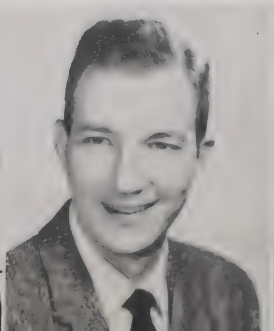
always give

DR. R.V. CROSS
Gynecology & Obstetrics



DR. PHILLIP B. DAVIS
Surgery

DR. DONALD P. DOUGLASS
Thoracic Surgery



DR. A.P. FORTNEY
General Practitioner

DR. KENNETH B. GEDDIE
Pediatrics

DR. J.S. GILLIAM, JR.
Urology

DR. FRANK W. GROSS
E. E. N. T.

DR. C.L. GRAY
Radiology

Medical

freely of their

DR. J.G. GROOM
General Practitioner

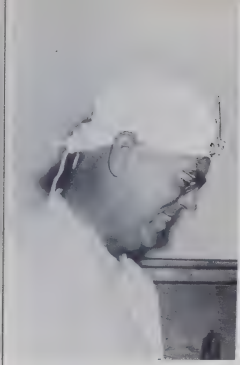
DR. W.B. DONALD, JR.
Ophthalmogist

DR. HELEN A. HORN
Pathology

DR. W. JACK HUNT
Internal Medicine

DR. C.H. INGRAM
Surgery

DR. R.G. JENNINGS
Dermatology

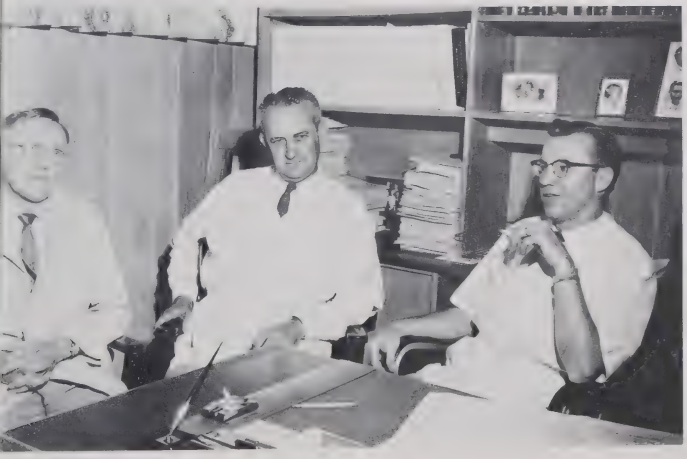


DR. M.B. LEATH
E. E. N. T.

DR. CLIFFORD W. LEWIS
Gynecology & Obstetrics

DR. JOHN F. LYNCH
Pediatrics

DR. I.B. MILLER
Internal Medicine



Staff

time to aid

DR. WILLIAM H. FLYTHE
Internal Medicine

DR. WOODROW W. TYSON
Internal Medicine

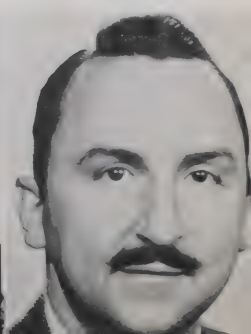
DR. KENNETH M. CHEEK
Internal Medicine

DR. W.K. McCAIN
General Practitioner

DR. VERNON W. McFALLS
Pediatrics

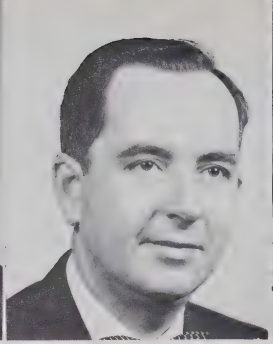
DR. ASA R. PARHAM
Surgery

DR. W. CRAIG PARKS
Internal Medicine

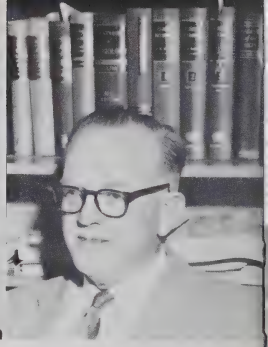


DR. GLENN G. PERRY
Proctology

DR. JAMES T. ROBINSON, JR.
General Practitioner



DR. MAX P. ROGERS
Surgery



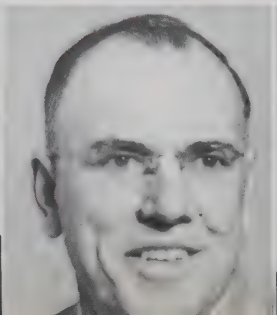
DR. KARL SHEPARD
Internal Medicine

the sick

DR. ELDORA H. TERRELL
DR. T. EUGENE TERRELL
Internal Medicine

DR. J.E. SLATE
General Practitioner

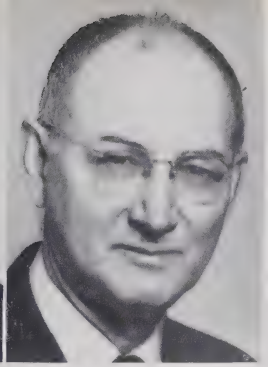
DR. M.L. SLATE
General Practitioner



DR. WALTER T. TICE
Internal Medicine

DR. T.D. TYSON
Gynecology & Obstetrics

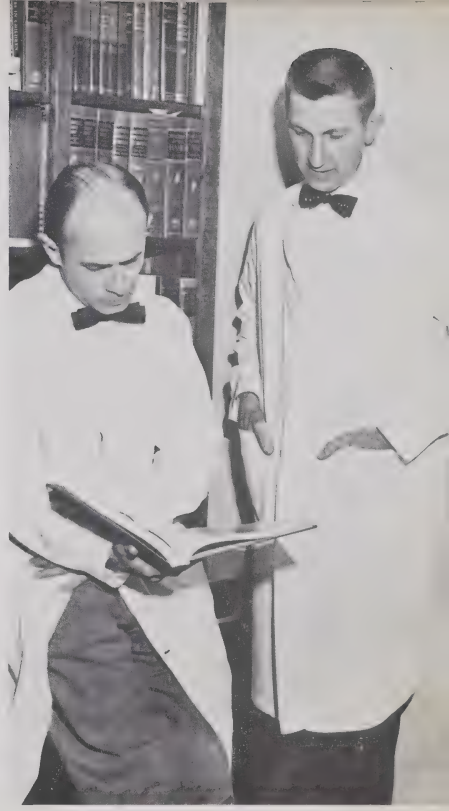
DR. ROBERT T. WILDER
E. N. T.



DR. L.L. WILKERSON
Surgery

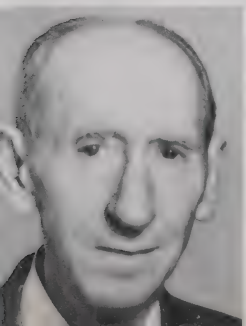
DR. KAY WILLIAMS
Gynecology & Obstetrics

DR. GEORGE T. WOOD
Surgery



DR. EARL W. SCHAFER
DR. ROBERT C. JOHNSON
Orthopedics

DR. FRED G. WOODRUFF
General Practitioner



NOT PICTURED

DR. HUGH T. WALLACE
General Practitioner

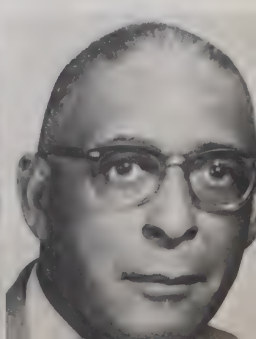
DR. JAMES FULTON
Obstetric & Gynecology

DR. CLARENCE VALET
Pathology

DR. JULIUS L. JONES
General Practitioner

DR. OTIS E. TILLMAN
General Practitioner

DR. C.T. WHITTEN
Gynecology & Obstetrics



Hospital Guild

Social Worker

MRS. MARY GREEN

Board of Trustees

EXECUTIVE COMMITTEE: I. Paul Ingle, Chr., J. W. Harris, Tom J. Kearns, R. L. Amos, Holt McPherson, Curtis Smithdeal. AUDITING COMMITTEE: Tom J. Kearns, Chr., Fred Thomas, Jr., Joe A. Johnson, Sr. PUBLIC RELATIONS COMMITTEE: Amos R. Kearns, Chr., William C. Siceloff, Holt McPherson. HOUSE COMMITTEE: Robert M. Silver, Chr., J. Brooks Ritzel, R. T. Amos, W. B. Hall. FINANCE COMMITTEE: Henry A. Foscue, Chr., J. W. Harris, Ex-officio, I. Paul Ingle, Ex-officio. WOMEN'S GUILD COMMITTEE: Horace G. Hayworth, Chr., F. Logan Porter, Curtis Smithdeal.

Mr. W. R. Peters
Administrator

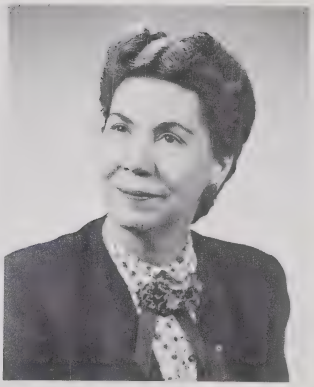
The busy morning routine

Business Office

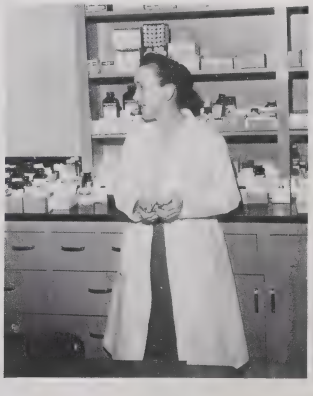
MR. GEORGE DIXON
Assistant Administrator

MR. TOM GREEN
Business Office Manager

Medical Records



MRS. JESSIE FOSTER
Secretary to the Administrator



MRS. KATHERINE W. SPENCER, R.N.
Purchasing Agent

Switchboard Operators

MRS. LOUISE LONNARD
Admitting Office

Miss Frances A. Burgess, R.N., A.B.

Director of Nursing

Nursing Service

MRS. HOPE LOFLIN, R.N.
7 - 3 Supervisor

MRS. MARGARET SWAIM
Secretary, Nursing Office and School

MRS. SUSANNE SAMUEL, R.N.
3 - 11 Supervisor

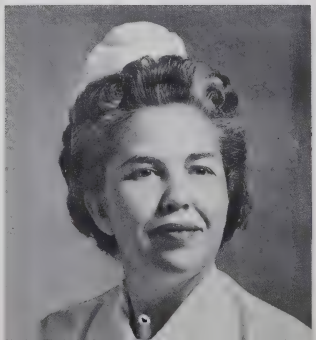
Nursing Office

MISS CAROLYN FRYE, R.N.
Director of Nursing Service

MRS. JOAN CAMERON, R.N.
3 - 11 Supervisor

MRS. PAULINE GREEN, R.N.
11 - 7 Supervisor

MRS. MURIEL CREECH, R.N.
Not Pictured



Mrs. Williams and Miss Gossett setting up an Oxygen tent

Medical 4 East

MRS. WILLIAMS
R.N.
Head Nurse

While working on the medical units we get to know our patients much better than on the other units. The sight of hands folded in prayer becomes just as familiar to us as the oxygen tents. Here, seeing a patient sit up for the first time after weeks of strict bed rest becomes a joyous occasion for everyone.

MRS. ROSE SHAW, R.N.
Head Nurse

Medical 4 West

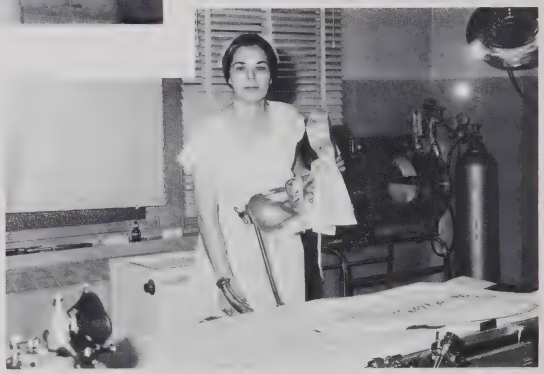
Mrs. Buck assisting Miss Essick in giving medications

Miss Watson, Mrs. Smith, and Mrs. McPherson plan A. M. Care

Working on Third Floor is always a happy occasion for everyone. The expectant mothers come in very frightened of the unknown, but the thought of why they are here usually calms them. Watching a mother examine her baby for the first time can be both amusing and heart-warming.

Even working on Pediatrics with the ill children is a happy time. Children never seem to run out of ways to entertain us.

Mrs. Clark preparing the delivery table



Obstetrics

Mrs. Davis and Mrs. Smith giving out midnight snacks

Pediatrics

A little "Tender Loving Care" goes a long way here

I am sure after we graduate our most vivid memories will be of the seven weeks spent in the Operating Room. Walking into this department of our hospital is like entering a strange and interesting world. Our first weeks here are spent learning a new language, sterile technique, and coordination between doctor and nurse. We do this with knocking knees, shaking hands, and clenched teeth.

Our next adventure is then in the Recovery Room where we learn the "How's and Why's" of reacting the patient.

Recovery Room

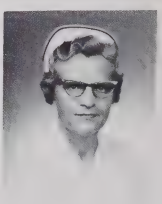
Surgery

Anesthesia

MISS HELEN CHERNICKY
MISS RAYMA HEDGECOCK
MRS. HILDA GADD

Surgical *2 East*

Saying "Good Morning" to Bobby Kimbro, our favorite patient.



MRS. SCOTT
R.N.
Not Pictured
Head Nurse

MRS. MODLIN
R.N.
Head Nurse

After the Recovery Room we move on to the surgical units. Here we see how surgery has corrected many defects, some unnoticeable, others quite obvious. When the latter is true, we find that psychological treatment of the patient outweighs physical care.

Surgical *2 West*

This patient appears to enjoy the rocking bed.

Convalescent

1 East

Mr. Welborne sure looks sad to have this much attention at one time

Colored

1 West

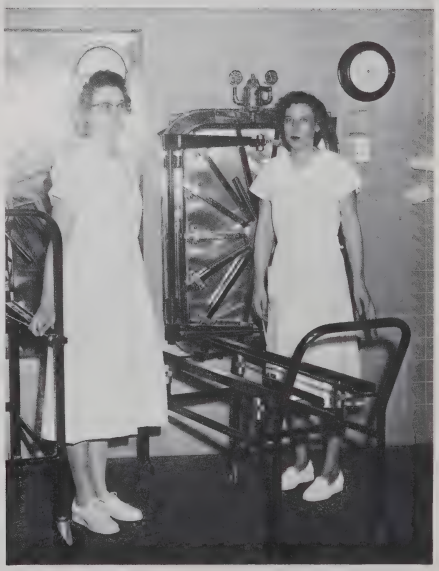
Mrs. Moore administering morning care to a burned patient

MRS. ETHELYN JUSKA, R.N.
Head Nurse, Emergency Room

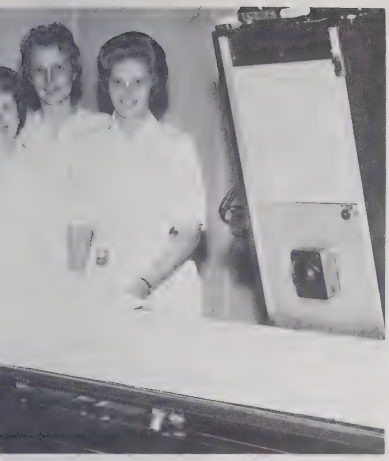
ELAINE FERGUSON
Emergency Room

Emergency Room

Working in the Emergency Room really tests our abilities as nurses. Here we do not have just one category of illness but a wide variety. When we hear the screaming siren we never know what the ambulance is bringing. We will take with us many memories of the two weeks spent in the Emergency Room.



Central Supply



Ray

Physical Therapy

Laboratory

Private Duty Nurses

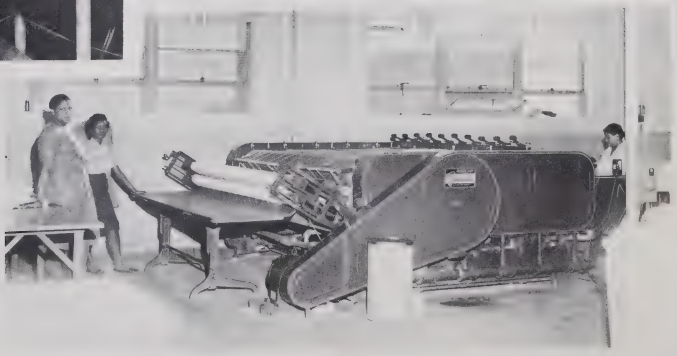
Diet Kitchen

Nurses Aides

Soda Shop

Maintenance Department

Laundry



Ward Secretaries

FLORENCE NIGHTINGALE PLEDGE

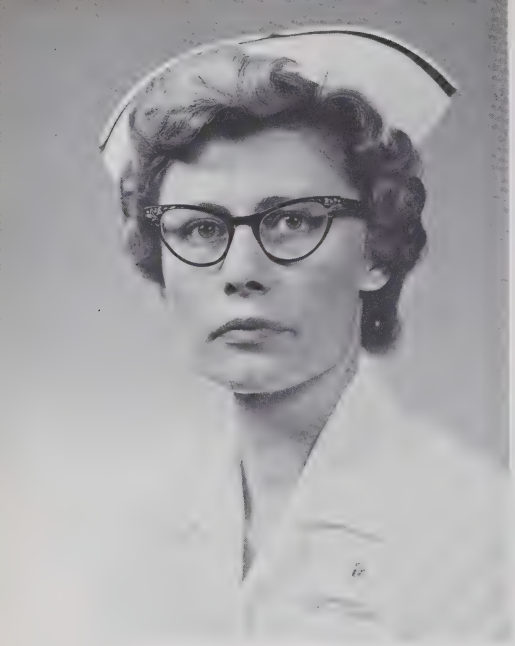
I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

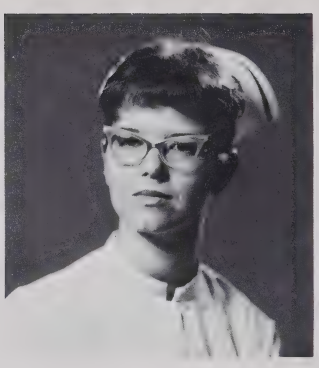
I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

School of Nursing



MISS JUANITA YARBOROUGH, R.N., B.S.
Director of Nursing Education



MRS. MAE VAN HIATT, R.N., B.S.
Medical-Surgical Nursing

MRS. KATHLEEN INGRAM, R.N.
Basic Nursing

MRS. BELLE KING, R.N.
Obstetrical Nursing

NOT PICTURED
MRS. PAT GRINE, R.N., B.S.
Medical-Surgical Nursing

The past is but the beginning of a beginning, and all that is and has been is but the twilight of the dawn.

KAY GOODMAN.....President
NAOMI DICKENS .....Vice-President
VERNA DOBBINS ..... Treasurer
SANDRA MULLIS..... Secretary

Seniors

SUE BLACK

Carthage, N.C.

"Cuteness and wit—the best combination known to man."

"Smile—you're on candid camera."

"Wish you were here."

of 1963

CAROLYN BUTLER

McCain, N. C.

"Life to me is just a comedy."

"I wonder what this tray will be used for."

There's no place as sweet as home!!

Class

DONNA CASHATT

Trinity, N.C.

"A jolly, unselfish personality is the greatest gift of all."

Is that a square needle, Donna?

"Now, where do I start?"

of 1963

JOYCE DAVIS

Burlington, N. C.

"Her aim is never to offend, and every person is her friend."

"Is that an a m b u l a n c e I hear????"

"There must be something else to gripe about!!"

NAOMI DICKENS

Burlington, N. C.

"To heck with books; experience is the best teacher."

Maybe I should try the other arm.

But you're the only one who understands me.

of 1963

VERNA DOBBINS

High Point, N. C.

But it can't be 50-I just gave 3 grains of Digitalis

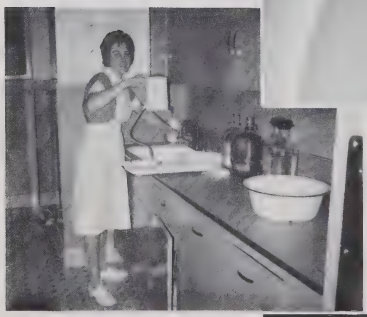
Small—but not unimportant

Who says I'm campused!!

Class

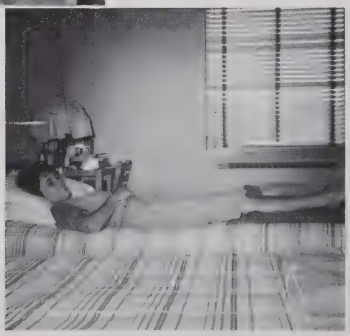
LINDA FAIRCLOTH

Jamestown, N.C.



I've got the 3 H's ready

"An eye for art, a taste for style; she has an artist's breeding."



Let the world roll by

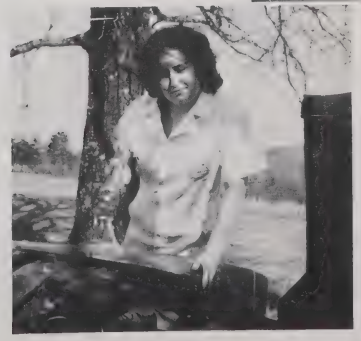
of 1963

DONNA FONVILLE

Madison, N. C.

"Without love and laughter, there is no joy."

"Anything else, Sir?"



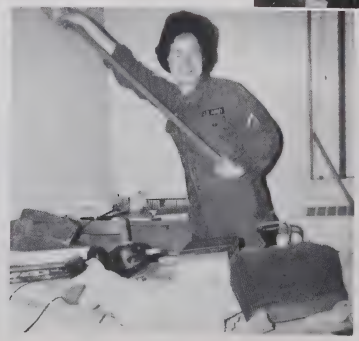
"Where's the motor?"

ELSIE GARRISON

Pinehurst, N. C.

"If it's worth having, I'll work for it."

"One, two, three—burp."



"Did you say we were having room check?"

of 1963

KAY GOODMAN

Altamahaw, N.C.

Only 15 more minutes and I'm

OFF DUTY!!

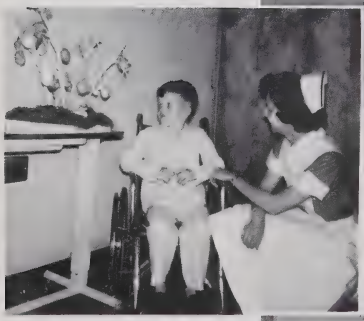
"Nothing is achieved until it is thoroughly attempted."

I can hope, can't I?

Class

MALINDA GOSSETT

High Point, N.C.



Then along came Peter Cottontail.

"She has a smile for everyone she meets, a laugh for every joke she hears."

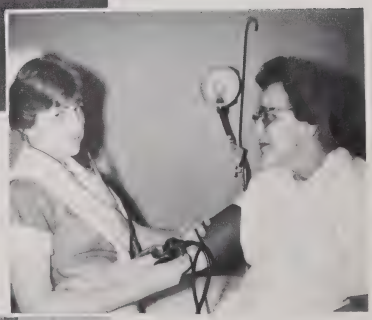
Another day I can mark off the calander!!!

of 1963

JANET HARRIS

Asheboro, N.C.

"I never try to be funny, it just comes natural."



"I think she's dead!*!*"

"And, Mom, t h e r e was no money in that last letter."

DYANNE JACKSON

Asheboro, N.C.

"All the world loves a lover; therefore I am loved."

For the patient or you, Dyanne?

Who says we don't have time for fun!

of 1963

CAROLYN McMILLAN

Greensboro, N.C.

"She never hurries or ever worries, but carefully does the task required of her."

"Easy does it."

"It's only been three weeks."

Class

SANDRA MULLIS

High Point, N. C.

"Although she is not so tall, remember the atom is very small."

"I only told him I was going to give him a shot!"

Wonder if I wrote that yesterday???

of 1963

BARBARA NEWMAN

Elon College, N.C.

"Better to be small and shine than to be large and cast a shadow."

"Another suture tray?!?"

"Sleep? Who sleeps? I'm going to work!"

SARA OAKLEY

Burlington, N. C.

"Not too serious, not too gay, but a rare good friend in every way."

"Miss Yarborough said to sterilize everything!"

"Sometimes they do get us confused."

of 1963

LINDA SMITH

Snow Camp, N.C.

"Her smiles show her happiness; her friends, her popularity."

"So far, so good."

What!!! Of course I'm going out tonight!!!

Class

FRANCES STARNES

High Point, N.C.

I can hear a beat!!!

"Neatness, simplicity, kindness combined with a gentle heart and an open mind."

A day off at last.

of 1963

JUDY STOVALL

Spray, N.C.

"A little work, a little fun. I think life's O.K."

Guess who just left a stat order of demerol???

Going out tonight I hope!

ESTHER TORRES

High Point, N.C.

"She is small, but that does not cramp her style."

"The best part of the day!"

"Where do you think I'm going? Home, of course!"

LINDA VAUGHN

High Point, N.C.

"A girl worth knowing with a smile and kind word for all."

I'd better be careful and not pull the drain out!!

JFK's Physical Fitness Program

Class

LINDA VONCANNON

Seagrove, N.C.

"I have my own philosophy of life; I made it; I live it; and I change it when I please."

"It only hurts for a little while—"

"I'll go, I'll go!!!"

of 1963

MARY WARDELL

High Point, N.C.

"To worry little, to study less, this is my secret of happiness."

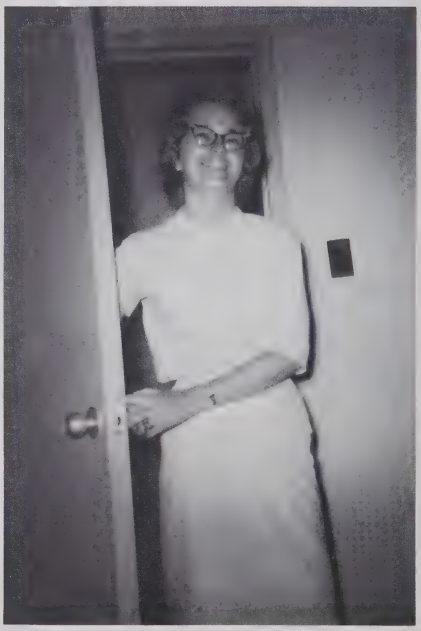
"Bugs, bugs, and more bugs!!!"

"Who says they cause stones?"

Best All Around

DONNA FONVILLE

Senior



Best Personality

JOYCE DAVIS

Most Likely to Succeed

ELSIE GARRISON

Superlatives

Friendlest

DONNA CASHETT

Wittiest

JANET HARRIS

Cutest

SANDRA MULLIS

Most Dependable

LINDA FAIRCLOTH

Most Professional

KAY GOODMAN

Senior Superlatives

Most Understanding

MALINDA GOSSETT

Neatest

FRANCES STARNES

Miss Lighted Lamp

Linda Vaughn

Lost Again!!

Is that a new dress, Linda?

The winter is Rockville, Md.

The winter at home.

Joyce thinks birthdays can be nice.

Anyone for trick or treat?

Affiliation

CHILDREN'S HOSPITAL

The School of Pediatric Nursing of the Children's Hospital in Washington, D.C. is an ideal setting for the study of the nursing of children.

In Washington almost all nationalities and all income brackets are represented which results in a wide variety of illnesses brought to the hospital.

Our curriculum includes three months of instruction and experience in Medical and Surgical Pediatrics, Isolation, Out-Patient Department, and Psychiatry.

While in Washington we also enjoy concerts, sight-seeing, movies, plays, and parades-just to name a few.

Our three months affiliation at Chestnut Lodge was both educational and entertaining. While we were there we learned quite a bit about ourselves as well as about mental illness.

Due to the location of Rockville we found our social life to be at its best. I am sure we all agree that this is invaluable experience to both our education and social status.

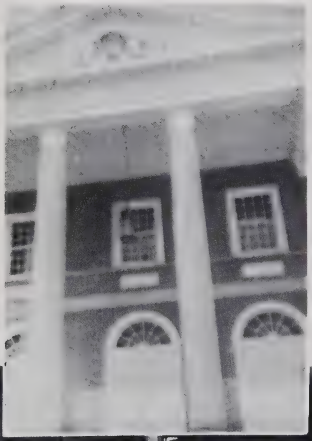
CHESTNUT LODGE-MAIN BUILDING

CLASS COLORS
Yellow and White

CLASS FLOWER
Yellow Rose

CLASS MOTTO
"If the man loves the labor of his trade, apart from any question of success or fame, the gods have called him.
Robert Louis Stevenson

ELIZABETH ANN DOUGLASS
BOB AVERETT



FIRST METHODIST CHURCH

Capping

We looked forward to the day we would receive our caps as if it was the end of the world. In a sense, I suppose that was true because it would determine who would be asked to leave the program and who would stay.

We all half-way felt that when we put the cap on we would know just everything! But the next morning when we reported for duty we found this to be far from true. We still had to search for the right answers, and we are still searching for knowledge.

Every worthwhile accomplishment, big or little, has its stages of d r u d g e r y and triumph: a beginning, a struggle, and a victory.

Phillip Brooks

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BRENDA FRANKLIN..... Vice-President
JUDY SALE.....Treasurer

WINONA GIBSON..... Secretary
ROSE MARY BOEDICKER.....Chairman

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ROSEMARY BOEDICKER

BARBARA CHRISCOE

GAYNELL CROMER

SHIRLEY DAVIS

PATSY ALDRIDGE

Class of '64

ANNETTE ESSICK

BRENDA FRANKLIN

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SANDRA HENRY

JANE HOWELL

FRANCES KENNEDY

JUDY BARNES

BETH LAMAR

Class of '64

JUDY SALE

MARTHA TINGEN

SUSAN WICKER

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House Mothers

MRS. WILSON
MRS. McBEE
MRS. WEHRY

LILLIAN
HERBERT
BESSIE

Try to put well in practice what you already know, and in so doing, you will, in good time, discover the hidden things which you now inquire about.

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JOYCE TISDALE.....Vice-President
LINDA McNAIR.....Secretary

CAROLYN COLE.....Treasurer
MARTHA WAMPLER.....Chairman

JANET BEANE
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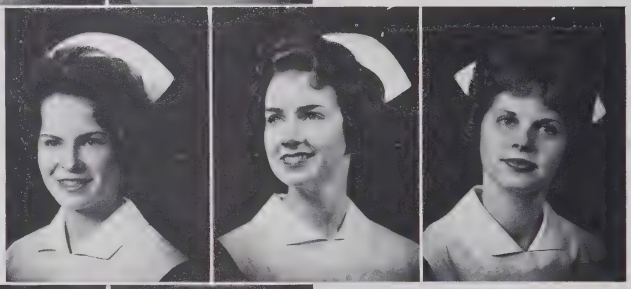

JEAN BRYANT
LOUISE CHAPPELL
CAROLYN COLE

BENTON KAY COVINGTON
SANDRA EASTWOOD
MARY PAT EVANS

SHERYL FLECK
RIETA GARKALNS
LENNIS GREENE

BARBARA SUE HALL
NANCY INMAN
PRISCILLA JONES

of '65

EMILY LEDWELL
SYLVIA ANN LOVE
BRENDA MOORE

LINDA McNAIR
GENE McKINNEY
LINDA PARNELL

MARY PATTERSON
BONNIE ROACH
Not Pictured
CAROLYN SEAWELL

Not Pictured

CAROLYN THOMAS
JOYCE TISDALE
BECKY VICKERY

MARTHA WAMPLER
DIFFEE WINECOFF

ANGELS OF MERCY

They walk the floors by day and night,
These "angels" dressed in blue and white;
They bring the pain-relieving pills,
To patients who are suffering ills.
They come into each room with cheer—
A comfort, just to know they're here,
As Nightingale, so long ago,
Brought ease to those in pain and woe;
The "Nightingales" with cheerful deed,
Bring patients comfort in their need.

Angels in white, pursue your task.
No greater compensation ask,
Than that to suffering fellowmen,
You help to bring new health again.
And this should be your high reward,
To be as servants of the Lord.

In humble appreciation to Rev. H. Glenn Lanier, who wrote the above in honor of the nurses at H.P.M.H.

How we pass our time . . .

Remember—the day everyone had a new hair style.

Remember—the entertainment for our first party

Remember—the vacation spent at the beach

Remember—the cold Northern winter spent on Affiliation.

Remember—the day it was almost too much to take

Remember—the fun of the convention.

Remember—the days and nights spent on duty

Early to rise

Busy day at work

It's just a few steps more

Getting ready for a party

Everybody "Twist"

It's been a long, hard day

So that in the graying years to come, when all the quick responsive senses dull—

I may look back across the patterns of my life—

And in my memory, live the joys and pains of all my yesterdays.

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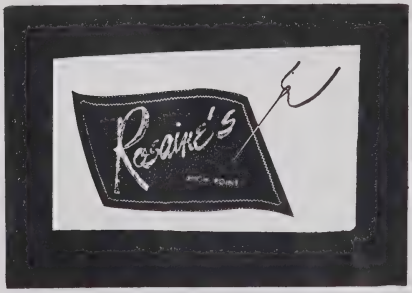
Best of Luck

to the

Class of 1963

From The

Class of 1962



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THE

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MEMORIAL HOSPITAL

Congratulations

and

Best Wishes

to the

Graduates of 1963

THE MEDICAL STAFF

OF

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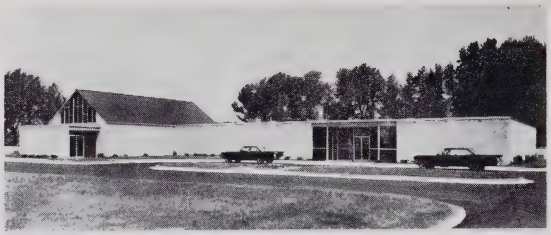

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I try to live each day in such a way . . . that when
I will have woven into the fabric of my life . . . Some gay
So that in the graying years to come , when all the quick
the patterns of my life . . . and in my memory, live

tomorrow makes today a yesterday . . .
design, some patch of color, bright to please the eyes . . .
responsive senses dull . . . I may look back across
the joys and pains of all my yesterdays.

Author - Don Blanding